ST JOHN'S CATHEDRAL
ST JOHN THE BAPTIST PARISH

Parish Newsletter 2nd Sunday of Lent 5th March 2023

Liturgy Corner

The Liturgical Season of Lent has begun and this weekend we celebrate the Second Sunday of Lent. Lent lasts for 40 days, if you don't count the Sundays, until sunset on Holy Thursday. During Lent, the Church gives us some ideas as to how we can grow in our calling as Christians, Prayer, Fasting, and Almsgiving, these are the three things we can work on especially during the Lenten season.

Bishop Brendan in his letter last weekend focused on Prayer and Lent is indeed a time of prayer, an invitation to spend more time each day in conversation with the God who loves us. Set aside 5, 10, 15 or more minutes each day during Lent for prayer to come even closer to Jesus Christ who himself always made time for prayer.

It is also a time to fast. To the fasts of Ash Wednesday and Good Friday we can add our own act of giving up something we enjoy, and remember it doesn't have to be food, and join our sacrifices to the sacrifice of Christ by which we are saved.

Lent is as well a time for almsgiving. We can see Lent as a time to begin or renew our compassion for those who are hungry, sick, lonely, or otherwise in need. We can help others experience God's unconditional love through our own generosity.

Don't try to do too much, keep it simple and doable. We are invited to live our entire lives growing closer to God. Don't try to pack it all into one Lent. Lent is a liturgical and spiritual journey to the foot of the Cross on Good Friday, as we seek Jesus out, ask his help, join in his suffering, and learn to live and love like him.

Dates for Your Diary

Wed 15th March: You are invited to a Coffee Morning & Cake Sale at Penneywell Day Care Centre from 10.30am to 12noon. All are Welcome.

Team Limerick Clean-Up 8 (TLC8) takes place this Good Friday (7th April). Register now at www.teamlimerickcleanup.ie/joinus. Registration deadline is March 17th. This year, participants in TLC8 are encouraged to bring a friend and involve any new neighbours in the community to come along and join in, in making Limerick a cleaner and more environmentally friendly county.

Priests of the Parish
Canon Gerard Garrett
Fr Frank O'Connor
Fr Leo McDonnell

Parish Office
061 414624

Mass Times
Mon—Fri 10am & 5.45pm
Sat 10am & 6pm Vigil

Sun 8am, 10.30am, 12 noon

Holy Days
Vigil Weekdays 5.45pm
Weekdays 10am & 5.45pm

Confessions
Saturday's 10.30am

Baptisms
Saturday 4.30pm

Eucharistic Adoration
Eucharistic Adoration takes place in the Cathedral each Fri from 4.30pm - 5.30pm.

Cathedral Shop
Is open Mon - Sat 10.30am to 1pm. The shop stocks a wide range of cards, candles and other religious goods.

Anniversaries / Months Minds Masses
Can be booked through the Sacristy or tel Kieran at 061 414624

Split the Pot:

Congratulaions to ***Francis Costelloe*** winner of last weekends draw (26/2).

Limerick Dementia

Social Club

for Persons with Dementia and their Carers and all seeking support with Dementia.

Join us the first Wednesday of every month 6.30-8.30pm for a chat, cuppa and fun activity.

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien,

Wednesday 1st March *6:30pm to 8:30pm*	***Activator Poles Gentle Exercise Session*** *with Limerick Sports Partnership* ***Art Project*** *with Aisling O' Sullivan*
Wednesday 5th April *6:30pm to 8:30pm*	***Celebration of Creativity*** ***Art Exhibition Night*** *With* ***Bradshaw's Ukulele Group BUGs***
Wednesday 3rd May *6:30pm to 8:30pm*	***Information Talk on ALONE services*** *with Sara Minogue and Deborah Blane* ***John McCarthy's Circus Bar Exhibits*** ***Card Games and Bingo*** *with Marie Heffernan and Gráinne Mannix*

Contact 0894936982 for any queries.

Email: limerickdementiasc@gmail.com

Recent Baptisms
Welcome to the Christian Community the children who were baptised here in the Cathedral.

Noel Corbett,
Freya Corbett
& Aoibheann Hanrahan

Recent Deaths:
We offer our sympathies to the family and loved ones of the recently deceased.

Dermot Kelly RIP

May God grant him eternal rest..