

Sunday 18th July 2021

Parish Newsletter



Reflection:

The Gospel today is from the Gospel of Saint Mark. Jesus clearly wants to have time for Himself, time to pray and time to be alone. Yet when Jesus sees the people, His heart is moved to be with them. "When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things." It is more important to be with the people and to show them the road to life than to be off by oneself, even in prayer to God. On the other hand, we know that Jesus always seeks out time for prayer. Even if Jesus does not get the time that He was hoping for, nevertheless, He always is praying. We are invited to become more and more like Jesus: We need to learn the balance between being of service and being present to those we meet, time spent with Jesus in prayer can teach us this.

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Monday to Friday 10am & 5.45pm, Saturday 10am & 6pm (vigil),
Sunday 8am, 10.30am, 12 noon & 7pm.

We must still adhere to all HSE & Government guidelines with regards COVID-19 by sanitising our hands on entering & exiting the Cathedral. Thank you for your co-operation.

St Anthony's Novena continues each Tuesday at 10am & 5.45pm Mass with a special blessing of the relic.



Confessions take place each Saturday after 10am Mass.

Baptisms can be booked through the Parish Office at 061 414624. Baptisms take place Monday - Friday at 6.30pm. Saturday at 3.30pm & 4.30pm. Maximum number of people allowed attend is 6.

Church Gift Shop is open Monday - Saturday from 10.30am to 1.30pm. The shop stocks a range of religious items and gifts for special occasions also available is a full selection of Mass cards.



The Priests of the Parish extend their sympathies to the families and friends of the recently deceased.

Split the Pot Congratulations to **Tom O'Brien** the winner of last weekend's draw (Sun 11th July). "Split the Pot" Envelopes can be placed into the black box at the back of the Cathedral.



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Irish Institute for Catholic Studies Conference

Please join us for a free on-line IICS Interdisciplinary Perspectives on Catholicism Conference 22nd and 23rd July
all welcome – no fee - over 70 really interesting papers from international and national experts including
Mark Patrick Hederman, Rita Ann Higgins, Tom Inglis, Nóirín Ní Riain, Liam Chambers.
To get the link please contact ian.hickey@mic.ul.ie



HEALTH & FITNESS LEVEL 3 ACCREDITED COURSE

Includes:

- **Cookery Classes with Qualified Chef**
- **Nutrition and Healthy Eating**
- **Fitness and Healthy Lifestyle**

Is this for me?:

- It's for anyone interested in cooking, nutrition and basic fitness.
- This is a level QQI Course so there is some paperwork.
- For people looking to progress to work or further education.
- **Friendly, Fun Atmosphere.**

COST:

- **€3 per week contribution to cover costs**
- **Cost of fresh food that you cook and eat/take home**

**TUESDAYS 1.00-3.00 WEEKLY FROM
14TH SEPTEMBER UNTIL JUNE 2022**

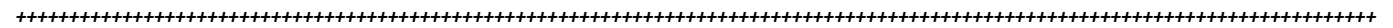
Garryowen CDP, 23 John's Street
**Contact: John Buttery on 0879888326 or
john@garryowencdp.com**



COVID-19 Vaccines Registration is now open for people aged 25 and above, you can register to get a free COVID-19 vaccine. [HSE Vaccine Reg](#) or telephone 1850 24 1850.
If you're aged 18 to 34 or aged 50 or over, you can get a [Janssen single-dose COVID-19 vaccine](#) at a local pharmacy. You do not need to register online. But you do need to book an appointment through your pharmacy.

[Find a pharmacy giving the Janssen COVID-19 vaccine](#)

HSE COVID-19 TestCentres You do not need an appointment or a referral to get a free COVID-19 (coronavirus) test at a HSE COVID-19 test centre. You can book online or go to a test centre during opening hours for walk-ins.



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