

Parish Newsletter Sunday 20th August 2023

The proper way to receive Holy Communion

To receive Holy Communion in the Catholic Church, you should follow these steps: ***Be in a state of grace, meaning you have confessed any mortal sins and fasted for one hour before Mass.***

Approach the altar with reverence and join your hands.

Receive the host either in the hand or on the tongue, according to your preference.

Say "Amen" and consume the host immediately.

When one receives Holy Communion standing, you are asked to make a specific act of adoration, a simple bowing of the head is sufficient, before receiving the Sacred Host. While waiting for the person in front of you to receive recollect yourself for a moment and bow your head as a gesture of adoration. Step up when it is your turn to receive.

If receiving in the hand, upon approaching the minister of the Host extend the hands in the middle of the chest.

The left hand is extended, with the right hand under the left in support (left-handed people may wish to place the left hand under the right).

In this way a throne is formed to receive the Sacred Host.

The response of "Amen" is said, and the Host is consumed immediately, before turning away from the minister.

If receiving the Sacred Host on the tongue, one should join your hands. After saying "Amen" in response to the minister of Holy Communion, you should open your mouth and extend your tongue far enough so that the Sacred Host may be placed upon it without danger of falling.

Please note that it is important to extend the tongue, not just open the mouth.

NOTICES

New Extraordinary Ministers of Holy Communion

We would like to invite you to consider becoming an Extraordinary Minister of Holy Communion. These ministers share in the distribution of Holy Communion at Mass and may on occasion bring Holy Communion to the housebound. Training will be provided.

Please contact Kieran, any of the priests, or the parish office (061 414624).

Priests of the Parish

Canon Gerard Garrett

Fr Frank O'Connor

Fr Leo McDonnell

Parish Office

061 414624

Mass Times

Mon—Fri 10am, 5.45pm

Sat 10am & 6pm Vigil

Sun 8am, 10.30am, 12 noon

Holy Days

Vigil Weekdays 5.45pm

Weekdays 10am, 5.45pm

Confessions

Saturday 10.30am

Baptisms

Saturday 4.30pm

Eucharistic Adoration

Takes place each Fri

4.30pm to 5.30pm.

All are welcome.

Cathedral Shop

Open Mon - Sat

from 10.30am to 1pm.

Split the Pot

Congratulations to

Rachel O'Keeffe

Winner of last weekend's
draw 13/8

Draw Envelopes available
at the back of the church.



St John's Senior choir returns in mid September.
If you like to sing and be part of a group we would be
very interested in hearing from you.
We will confirm return date in the coming weeks.



Leipzig University Choir

musical programme: J.S. Bach, Mendelssohn, Reger, Timm,
Walter, Haßler and others
Conductor: Musical Director of Leipzig University David Timm

Sunday, Sep. 3rd, 6 p.m.: Concert at the German-Irish Lutheran Church
Lutherhaus, 24 Adelaide Road, Dublin 2

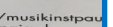
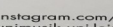
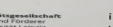
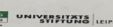
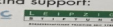
Monday, Sep. 4th in the evening:
Concert at Maynooth University College Chapel

Wednesday, Sep. 6th, 7:30 p.m.: Concert at St. Nicholas Church
N21, Gortaganniff, Adare

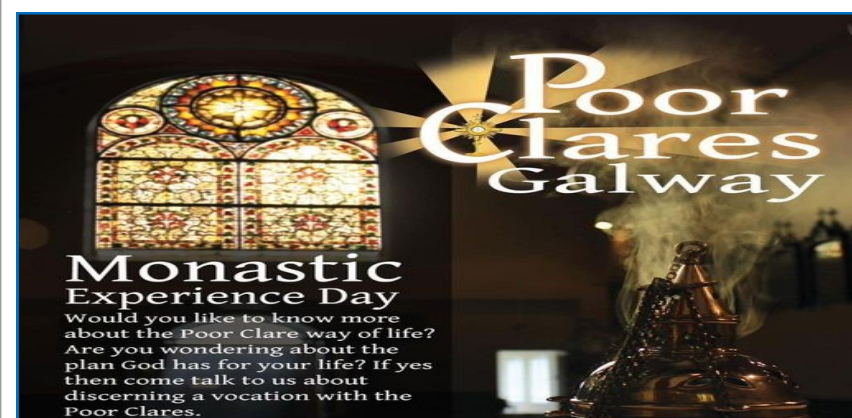
Thursday, Sep. 7th, 5:45 p.m.: Musical Participation in the Afternoon Mass
St. John's Cathedral, Limerick

Friday, Sep. 8th, 7 p.m.: Concert in St. Mary's Cathedral
James' St, Gardens, Kilkenny

Thank you for your kind support:



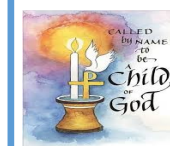
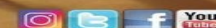
instagram.com/musikinstpa
unimusic.uni-leipzig.de



Saturday 26th of August 2023, 10am- 5pm

To book a place at the next
Monastic Experience Day contact
vocations@poorclares.ie

poorclares.ie



Newly Baptised:

We welcome to the Christian Community through the sacrament
of baptism:

Kia Philip Judge & Louis Judge