

Lent is a humble descent both inwards and towards others. It is about realising that salvation is not an ascent to glory, but a descent in love. **POPE FRANCIS**

Gospel Reflection What it means to 'see' Jesus. It is to see the unseen God, to know and love in Jesus the one who sent Jesus to us, to open our eyes and to free us from fear, and to guide us, too, to new life in him.



Happy Mother's Day!

Mother's Day is a celebration honouring the mother of the family or individual, as well as motherhood, maternal bonds, and the influence of mothers in society.

Daffodil Day

We would encourage anyone who can, to get out there on Daffodil Day on **March 24th** and support the Irish Cancer Society, to help them be there for those who need it most.



RADIO MARIA IRELAND is an Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – all commercial free – Listen via TV on **Saorview** - Channel 210 and **Freeview** - Channel 826; Download our FREE APP - "RADIO MARIA IRELAND", streaming on www.radiomaria.ie or via PHONE – get live radio feed by telephoning +353 (0) 1 437 3277 (no extra charges apply). Please join our

Recent Baptisms

Welcome to the Christian Community the children who were baptised here in the Cathedral last Saturday

Alfie Dillon
Frankie Jo Hughes



Recent Death:

We offer our sympathies to the family and loved ones of the recently deceased.

Sharon Cahill RIP

May God grant her eternal rest..

Priests of the Parish

Canon Gerard Garrett
Fr Frank O'Connor
Fr Leo McDonnell

Parish Office

061 414624

Mass Times

Mon—Fri 10am & 5.45pm
Sat 10am & 6pm Vigil
Sun 8am, 10.30am, 12noon

Holy Days

Vigil Weekdays 5.45pm
Weekdays 10am & 5.45pm

Confessions

Saturday's 10.30am

Baptisms

Saturday 4.30pm

Eucharistic Adoration

Eucharistic Adoration takes place in the Cathedral each Fri from 4.30pm - 5.30pm.

Cathedral Shop

Is open Mon - Sat 10.30am to 1pm. The shop stocks a wide range of cards, candles and other religious goods.

Easter cards now available to buy.

Split the Pot:

Congratulations to **Mary Keehan** winner of last weekends draw (12/3). Split the Pot envelopes available at the back of the Church. All proceeds go towards the upkeep of the Cathedral.



Calling all young adults! The Diocese of Limerick is talking a group to World Youth Day and we want you to come with us!

Open to those aged 18-35, spend just over a week with us in Lisbon, as we meet millions of other young Catholics, hear from Pope Francis, and encounter Christ!

Contact us at 061-350000 or james.connery@limerickdiocese.org for more information or to register!

A Spring Day in Dalgan With Dr John Feehan

The Wonders of Pollination and Pollinators

Saturday 1st April 2023, 9.30am – 3.30pm: (Registration 9.30am)

Venue: Conference Hall, Columban Ecological Institute

St Columban's, Dalgan, Navan, Co Meath

This year we are focusing in a special way on the wonders of POLLINATION AND POLLINATORS. Our April day will focus on the chapters of the story that can be read in spring, and during the Summer School in July we will explore the summer chapters in greater detail. The day in April will consist of our usual formula of introductory lecture, exploratory excursion, and microscope work.

If you wish to attend, please contact Elizabeth Mc Ardlle at devof-ficemail@gmail.com. Early booking is advised. The cost is €30, payable on the day (lunch provided). Suitable outdoor clothes, rain wear and walking boots are all recommended. The day will go ahead whatever the weather.

St. Patrick's Day Exhibition at Limerick Museum

The Old Franciscan Friary, Henry Street, Limerick



MONDAY 6th to WEDNESDAY 22nd MARCH

A St Patrick's Day Exhibition is now on display at Limerick Museum complete with wonderful artwork by local schoolchildren, the exhibition will be on display until Wednesday 22nd March 2023.