

**Sunday 11th July 2021**

**Parish Newsletter**

**Reflection:**



We each have a personal and sacred story. Our story and our experiences, the positive, negative, challenging and the life-giving make us who we are today. Pope Francis said, *'Each of us has a unique story; a story of grace, a story of sin, a story of many things. It is good to pray with our own story'*.

While it is very important to pray for others, it is also necessary that we pray about and for ourselves. It is vital that when we pray we have the courage and humility to come to Jesus just as we are and tell him exactly how we are. He will sit and listen to us.

**Sometimes we just need to take a break from being occupied and busy, from all our activities and to-do-lists, from the noise of the world around us and simply sit quietly at the feet of Jesus. In him we will find rest.**

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In 1691, following the signing of the Treaty of Limerick, Patrick Sarsfield and about 14,000 of his men and their families left Ireland for France. This historical event is known as The Flight of the Wild Geese.

Limerick will celebrate Bastille Day, marking the 330th anniversary of the Flight of the Wild Geese, with a weekend-long event involving a French market, concerts, visual displays and a regatta from 9th – 11th July 2021.

**Sunday 11<sup>th</sup> July @ 11.15am** Great news for the people of Limerick, the French Ambassador will be unveiling a plaque to honour the Women of Limerick for their great part in the Siege of Limerick, This will take place in St Johns Square in the Old St John's Church.

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**WALKING**



gg64317138 www.gograph.com

**Social Walking Group**

Beginner to Winner

@Garryowen Sports Hub

Social Walking Group

When: [Wednesdays@12.30pm](#)

Cost: Free

Location: Various Locations close to Garryowen

email: [Sportshub@garryowencdp.com](mailto:Sportshub@garryowencdp.com) / Mobile: 0896129319

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**COVID-19 Vaccines** Registration for people aged 30 to 34 is now taking place, you can register to get a free COVID-19 vaccine. [HSE Vaccine Reg](#) or telephone 1850 24 1850.

If you're aged 18 to 34 or aged 50 or over, you can get a [Janssen single-dose COVID-19 vaccine](#) at a local pharmacy. You do not need to register online. But you do need to book an appointment through your pharmacy.

[Find a pharmacy giving the Janssen COVID-19 vaccine](#)

**HSE COVID-19 Test Centres** You do not need an appointment or a referral to get a free COVID-19 (coronavirus) test at a HSE COVID-19 test centre. You can book online or go to a test centre during opening hours for walk-ins.

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Monday to Friday 10am & 5.45pm, Saturday 10am & 6pm (vigil),  
Sunday 8am, 10.30am, 12 noon & 7pm.

Confessions place each Saturday after 10am Mass.



The Priests of the Parish extend their sympathies to the families and friends of the recently deceased.

**Split the Pot** Congratulations to **Ger O'Byrne** the winner of last weekend's draw (Sun 3<sup>rd</sup> July).  
"Split the Pot" Envelopes can be placed into the black box at the back of the Cathedral.



**We must still adhere to all HSE & Government guidelines with regards COVID-19 by sanitising our hands on entering & exiting the Cathedral. Thank you for your co-operation.**

Cathedral House, Cathedral Place, Limerick. Tel: 061-414624—email:  
[admin@stjohnscathedrallimerick.com](mailto:admin@stjohnscathedrallimerick.com) / web [www.stjohnscathedrallimerick.com](http://www.stjohnscathedrallimerick.com)